



## PROGRAM GUIDE 2025 WINTER SESSION

Welcome to Club Baton Atlantik Club and showing interest in baton twirling training for your child. Whether you are enrolling for the first time or returning for continued participation, we believe you and your child will find it a rewarding experience.

**PARENT INTEREST** and encouragement are essential to your child's success and enjoyment and your input is requested and appreciated. **All classes will be closed to spectators. We ask parents to wait outside the gym until classes are over during pick up time.**

Classes will commence in **January for the winter session and April for the spring session.** We accept ongoing registration space permitting.

### **PAYMENT OPTIONS:**

1. **Full payment** paid at the time of registration in January and April.
2. **Partial payment** will be accepted with 50% paid at registration and balance owing must be received no later than January 26<sup>th</sup> or 10% interest will be charged on balance owing after the deadline date.
3. Parents may apply for financial assistance by visiting [www.batonatlantik.com](http://www.batonatlantik.com) for the list of different organization.
4. **No refund** will be awarded after 2 weeks of the start of the session.
5. Athletes competing in Freestyle/Pairs will be required to pay \$10 for cutting of music.
6. Rental of club costumes for competitions will have a charge of \$10 each costume and the costume must be returned the same day.
7. **MONTH TO MONTH PAYMENTS WILL NOT BE ACCEPTED.**
8. Checks made payable to Club Baton Atlantik. There is a \$25.00 service charge on checks that are returned. Payment accepted in cash, cheque or e-Transfer ([batonatlantik@gmail.com](mailto:batonatlantik@gmail.com))
9. **Students taking private lessons must pay in advance or the day of there private class.**

**CANCELLATION POLICY:** There will be no refund if your child misses a lesson, however, lessons that are cancelled by instructors will be made up. Classes are cancelled on some Holidays and because of bad weather which you will be notified.

### **The following discounts will be offered:**

1. **Multi-Family Discounts:** If there are 2 or more participants in the same family you will receive \$20 discount

**PRACTICE ATTIRE:** Students are expected to dress appropriately for their classes.

- Black and/or White in color: jazz/bike shorts, leggings or/and a leotard/tank top.
- Sneakers must be worn at all times during class. Tan or black jazz shoes must be worn for competitive athletes
- Hair in a bun
- No Jeans; No Jewelry (no dangling earrings); No gum

**In order to receive full benefits from classes, students must be PUNCTUAL AND ATTEND REGULARLY.**

Parents, please ensure you are on time to pick up your child and encourage them to wait inside the building until you arrive. Competitive athletes must be ready before entering the gym 5 minutes before previous class is over. Every student should bring a water bottle. **Cell phones are to be turned off while classes are running and placed on the table.**

### **Contact Information:**

**Phone number:** 854-4144 or 850-6552

**Email Address:** [batonatlantik@gmail.com](mailto:batonatlantik@gmail.com)

**Website:** [www.batonatlantik.com](http://www.batonatlantik.com)

**Facebook:** Club Baton Atlantik (join both our open and closed group)

**MERCHANDISE/COSTUMES:** Aside from “official” required wear, the club makes available club/twirling merchandise (batons, t-shirts, sweatshirts, shorts, shoes, costumes, twirling supplies, baton cases, club kit bag, tank tops, etc...). Competitive event **costumes** can be made by a professional seamstress, ordered through Baton Atlantik from dance companies or on site.

**SKILLS DEVELOPMENT PROGRAM:** As part of our curriculum, all athletes should participate in the Canadian Baton Twirling Federation (CBTF) Badge Program. This involved the athletes training for a badge, and then being tested by a CBTF Badge Adjudicator. The fee of \$15 includes testing and badge.

**SPORT FINANCIAL ASSISTANCE** – You can find many different organizations that help families facing financial difficulties to register their children in organized sport programs. Visit [www.batonatlantik.com](http://www.batonatlantik.com) for more information and application.

**PRIVATE AND SEMI PRIVATE LESSONS** – are designed for those athletes who have dedicated themselves to the sport. They are intended for athletes who are prepared to put in a number of hours each week practicing, who are prepared to attend competitions including Regional, Provincial, National and International competitions and who want to compete in the Freestyle or Pairs event. Collegiate twirlers who attend University or College away or out of province may attend private classes and must hold a current membership. **Scheduled private lessons must be cancelled 24 hours in advance otherwise the set time will be invoiced.** Requests for additional privates (one on one) can be requested and must go through Baton Atlantik coaches.

## BATON CLASSES

**“LEARN TO TWIRL” PROGRAM (Recreational)** – This involves an introduction to basic twirls, marching techniques, pompom and coordinating simple dance steps while twirling. Participants will require a baton.

**PRE-COMPETITIVE CLASS** – The Pre-Competitive Level is designed to ease recreational athletes into the competitive realm of our sport. Athletes will learn and may compete in six nationally standardized individual events: Basic March I-II; Forward Motion I-II; Medley I-II; Solo Dance Twirl I-II, Solo I-II, 2-Baton I-II. It is recommended they attend two local baton competitions throughout the season and have the option of competing in out-of-town competitions. Must receive a red or blue ribbon in 2 events and enter Solo I-II before advancing to the competitive class or decided by the coach. Athletes must take a minimum of 2-hour class a week.

**COMPETITIVE CLASS** – The Competitive Level is designed for the more serious athlete. Athletes will learn and compete in individual/duet and team events: Solo, Medley, Solo Dance, Duet, 2-Baton, 3-Baton, and Dance Twirl Teams. After receiving the Silver Pin athletes will learn and compete in Compulsories Level C. Recommend that competitive athletes take a minimum of 3 or more-hour class per week and must attend local, provincial competitions. National and International competitions will be decided by the coaches if the athlete is ready for this level.

## SPECIALTY CLASSES

**ACROBATIC CLASS** – The Acro program is based on safe and effective progressions with proven results in five divisions in Acro Dance: Flexibility, Strength, Balancing, Limbering and Tumbling.

**SKILLS DEVELOPMENT PROGRAM BADGE CLASS** – The Skills Development Program (SDP) is a progression skills program, with an emphasis on growth and advancement. It offers the recreational athlete an incentive to continue in his/her own personal growth within the sport. The SDP offers an opportunity to advance and eventually learn and perform elements similar to the World Level athlete. Each badge is divided into two parts: Baton Technique and Body Technique. An athlete must pass the SDP Silver Pin prior to entering “BN” compulsories in an Open competition and an athlete must pass the SDP Gold Pin prior to entering “BI” compulsories and Freestyle in any competition.

**COMPULSORY CLASS** – Compulsories consist of 15 compulsory elements with three levels “BN”; “BI” and “A” for competitive athletes only. Athletes will learn all 15 elements in order to advance to Freestyle once they have attained the minimal score to advance to the next level.

**PRE-COMPETITIVE & NEW COMPETITIVE ALL-STAR TEAMS AND GROUPS** - We do our best to group similar skilled athletes together for our teams. We also try to group similar ages together. From time to time some athlete's skills will be higher than the average skill level of the group, however, lower than the next team above them. Athletes should consider participating in teams for fun, leadership, participation, friendship and unity. New teams will be accepted in January 2025.

### **FREESTYLE & PAIRS EVENTS**

The Freestyle Event combines 15 Compulsory Elements (25% of the total score) and a Freestyle Program (75% of the total score) minus penalty “drops”. It is performed to an individual piece of music and uses the entire competition floor. The Pair Event is like Freestyle but is performed by two athletes and no compulsory elements are required. **Coaches will choose athletes to compete in this event based on the criteria listed below.** The coach will have the right to withdraw the athlete(s) from the event if the criteria are not met by provincial championships. Some additional expenses to note are: specific freestyle costume, official CBTF compulsory bodysuit or black bodysuit, additional private lessons throughout the season, music editing costs, and competition entry fees.

### **CLUB LEVEL “BN”, “BI” & “A” COMPULSORIES/SHORT PROGRAM CRITERIA**

- ❖ An athlete must pass the SDP (Badge) Silver Pin prior to entering “BN” compulsories in an Open competition and an athlete must pass the SDP (Badge) Gold Pin prior to entering “BI” compulsories in any competition as per the Canadian Baton Twirling Federation
- ❖ Athletes must score a minimum of 25 in Level “BN” Compulsories before entering Level “BI” Compulsories
- ❖ Athletes must score a minimum of 35 in Level “BI” Compulsories before entering Level “BI” Freestyle
- ❖ Athletes must be a Level “A” athlete in individual events and the coach will make the decision when they are ready to move to Level “A” Freestyle

### **CLUB LEVEL BI & A FREESTYLE CRITERIA**

- ❖ Athletes must be able to complete all 15 Level BI Compulsory Elements consistently with a minimum score of 35
- ❖ An athlete must score a minimum of 25 in Compulsories/Freestyle Level “BI”; a score of 35 Level “BA” and a score of 45 Level “A” at Provincials to be able to compete in Freestyle at Nationals. Achieve a score of 35 to advance to BA and a score of 45 to advance to A.
- ❖ Athletes must take Freestyle class and private lessons
- ❖ Athletes are strongly encouraged to take a weekly ballet/technique or jazz class
- ❖ Athletes may contribute ideas to music selection; however, the final selection will be made by the coach.

### **CLUB LEVEL B & A PAIRS CRITERIA**

- ❖ Athletes must compete in duet and must be high Level BI/BA to compete in Level B Pairs
- ❖ Athletes must take Pairs class and private lessons
- ❖ A pair must score a minimum of 25 in Pair Level “BI”; a score of 35 Level “BA” and a score of 45 Level “A” at Provincials to be able to compete in Pairs at Nationals. Achieve a score of 35 to advance to BA and a score of 45 to advance to A.